

**7304** | **Roll, Whole Grain Honey Wheat 1z 10-12ct GFS 12oz** | Topping: **Crushed Wheat** | Style: **round top**

Date: February 23, 2017

**NUTRITION FACTS**

		<b>Amount /serving</b>		<b>% Daily Value*</b>		<b>Amount /serving</b>		<b>% Daily Value*</b>			
120 servings per container <b>Serving Size</b> <b>1 roll</b> <b>28 g</b> Amount per serving <b>Calories</b> <b>80</b>	<b>Total Fat</b>	1 g	1 %	<b>Total Carbohydrate</b>	13 g	5 %					
	Saturated Fat	0 g	0 %	Dietary Fiber	1 g	4 %					
	Trans Fat	0 g		Insoluble Fiber	1 g						
	Polyunsaturated	0 g		Soluble Fiber	0 g						
	Monounsaturated	0 g		Total Sugars	3 g						
	<b>Cholesterol</b>	0 mg	0 %	Includes	3g	Added Sugars	6 %				
	<b>Sodium</b>	90 mg	4 %	<b>Protein</b>	3 g						
Vitamin D	0mcg	0%	Calcium	34mg	2%	Iron	1mg	6%	Potassium	50mg	0%
Thiamine	0.1mg	8%	Riboflavin	0.1mg	8%	Niacin	1mg	6%	Folate DFE	21mcg	6%

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 · Carbohydrates 4 · protein 4

**INGREDIENTS:** WHOLE GRAIN WHEAT FLOUR, WATER, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], YEAST, HONEY, SUGAR, WHEAT GLUTEN, SOYBEAN OIL, POTATO FLOUR, SALT, WHEAT STARCH, POTASSIUM CHLORIDE, SODIUM GLUCONATE, BARLEY MALT EXTRACT, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), VINEGAR, CITRIC ACID, CALCIUM SULFATE, ASCORBIC ACID; TOPPED WITH CRUSHED WHEAT.

7304-0217-GF

Contains wheat ingredients.

Distributed by Gordon Food Service Wyoming, MI 49509

Produced on a line that processes milk ingredients.

Distribution: **Food Service** | Fresh or Frozen: **Frozen** | Type of Bag: **Plain** | Label Type: **Case**

<b>NUTRITION &amp; HEALTH CLAIMS</b>		<b>NUTRITIONAL VALUES</b> per serving		<b>PRODUCT SPECIFICATIONS</b>	
Og of Trans Fat /serv	Enriched	WeightWatchers® SmartPoints®		Pieces /Unit	12
Og of Cholesterol /serv		Milligrams of Sodium in 100g	<b>326</b>	Net Weight /Unit	12 OZ
Og of Saturated Fat /serv		Kilocalories from Fat	9	Declared Net Wt	12 OZ (340g)
Whole Grain Council Stamp				Dimensions /Unit	9.5"L x 7"W x 2.5"H
	No High Fructose Corn Syrup	Grams of Total Creditable Grains	15	Units /Case	10
Kosher Pareve		Grams of Creditable Whole Grains	9	Usable Servings /Case	120
		Ounce Equivalent Grains -Method 1	1.00	Additional Heels /Case	0
		Ounce Equivalent Grains -Method 2	0.75	Net Weight /Case	120 OZ
<b>Nutrition Statement:</b>				Declared Net Wt	120 OZ (7 LB 8 OZ) 3.4kg

\* Highlighted when the sodium level meets the NYCHD sodium reduction initiative (<360mg /100g of product).