



# 74627: 250-0.5 Oz Cheese/Garlic Whole Grain Croutons

250-0.5 Oz Cheese/Garlic Whole Grain Croutons, Country Cut & Trans Fat Free

Product Last Saved Date:24 April 2017

## Nutrition Facts

Serving Size: 14 GRM

Number of Servings per Package: 250

### Amount Per Serving

Calories: 50      Calories from Fat: 20

### % Daily Value\*

<b>Total Fat</b>	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	
<b>Cholesterol</b>	0 mg	0%
<b>Sodium</b>	135 mg	6%
<b>Total Carbohydrate</b>	7 g	2%
Dietary Fiber	1 g	4%
Sugars	1 g	
<b>Protein</b>	2 g	

<b>Vitamin A</b>	Per Srv	0%	<b>Vitamin C</b>	Per Srv	0%
<b>Calcium</b>	0%		<b>Iron</b>	2%	

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram

Fat	9	Carbohydrate	4	Protei	4
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## Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
74627		10086631746279	250 X .5 ONZ	250-0.5 Oz Portion Bags

Brand	Brand Owner	GPC Description
Fresh Gourmet	SUGAR FOODS CORPORATION	Dried Breads (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.8 LBR	7.81 LBR	USA	No	No

## Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.188 INH	12.063 INH	15.188 INH	1.716 FTQ	10x3	270 None	50 FAH / 90 FAH

## Ingredients:

WHITE WHOLE WHEAT FLOUR, CANOLA AND/OR SUNFLOWER OIL, SPELT FLOUR, WHEY, WHEAT GLUTEN, AMARANTH FLOUR, QUINOA FLOUR, SALT, 2% OR LESS OF SUGAR, YEAST, ASCORBIC ACID, DEHYDRATED PARSLEY, GARLIC POWDER, VINEGAR, NATURAL AND ARTIFICIAL FLAVOR, PARMESAN CHEESE AND ENZYME MODIFIED CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CULTURED NONFAT MILK, ANNATTO (COLOR), EXTRACTIVES OF TURMERIC AND PAPRIKA (COLOR), TBHQ (TO PRESERVE FRESHNESS).

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - C	TreeNuts - MC
Fish - N	Crustacean - N	

## Handling Suggestions:

Cool, dry ambient temperature. Avoid excessive heat and humidity.

## Benefits:

Crouton is actually made from 100% whole grain ingredients. Whole grains can reduce stroke risk, heart disease risk, and type 2 diabetes risk. It is also great for weight maintenance.

## Serving Suggestions:

Our croutons add consistent flavor and texture to salads, soups, chilis, and more.

## Prep & Cooking Suggestions:

Ready to use

## More Information: