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| **Nutrition Facts** |
| Serving Size 8 fl. oz. (236mL) |
| Servings Per Container 1 |
| **Amount Per Serving** |
| **Calories** 110 Calories from Fat 0 |
| **% Daily Value\*** |
| **Total Fat** 0g **0**% |
| Saturated Fat 0g **0**% |
| *Trans* Fat 0g |
| **Cholesterol**  5mg  **2**% |
| **Sodium** 180mg  **8**% |
| **Total Carbohydrate** 20g  **7**% |
| Dietary Fiber 0g **0**% |
| Sugars 18g |
| **Protein** 8g  **16%** |
| **\*Percent Daily Values are based on a 2,000 calorie diet.** |

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| **Skim Chocolate** **Fat Free Chocolate Milk**  Grade A • Pasteurized • Homogenized  No Artificial Growth Hormones  ½ Pint (236ml) |

Ingredients: Fat free milk, sugar, corn starch, cocoa (processed with alkali), salt, Carrageenan, Natural and Artificial Flavor, Vitamin A Palmitate and Vitamin D3.