Nutrition Facts Serving Size 8 fl. oz. (236mL) Servings Per Container 1	
Amount Per Serving	
Calories 110	Calories from Fat 0
	% Daily Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180mg	8%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Sugars 18g	
Protein 8g	16%
*Percent Daily Values are based on a 2,000 calorie diet.	

Skim Chocolate Fat Free Chocolate Milk

Grade A • Pasteurized • Homogenized No Artificial Growth Hormones ½ Pint (236ml) Ingredients: Fat free milk, sugar, corn starch, cocoa (processed with alkali), salt, Carrageenan, Natural and Artificial Flavor, Vitamin A Palmitate and Vitamin D_3 .