

simple goodness



Simplot Simple Goodness™

Mixed Vegetables Blend

Pack: 12/2.5lb

SKU: 10071179188117

# **USDA National Child Nutrition Program Product Specification Sheet**

| Serving Information         |                                 |                             |                                     |  |  |  |
|-----------------------------|---------------------------------|-----------------------------|-------------------------------------|--|--|--|
| Serving Size (as purchased) | Contribution Equivalent         | Equivalent Servings Per Bag | <b>Equivalent Servings Per Case</b> |  |  |  |
| 2.99 oz.                    | ½ cup cooked, drained vegetable | 13.37                       | 160.53                              |  |  |  |

| Product Formulation Credits                            |                 |  |          |                              |                               |  |
|--|-----------------|--|----------|------------------------------|-------------------------------|--|
| Food Buying Guide Description of Creditable Ingredient | FBG<br>Subgroup | Oz. / Raw Portion of Creditable Ingredient | Multiply | FBG Yield /<br>Purchase Unit | Creditable Amt. (quarter cup) |  |
| Carrots, frozen Diced                                  | Red/Orange      | 0.7475                                     | Χ        | 10.66 / 16                   | 0.4980                        |  |
| Peas, Green, frozen Includes USDA Foods                | Starchy         | 0.7475                                     | Х        | 9.59 / 16                    | 0.4480                        |  |
| Corn, frozen Whole Kernel, Includes USDA Foods         | Starchy         | 0.7475                                     | Х        | 11.00 / 16                   | 0.5139                        |  |
| Beans, Green, frozen Cut, Includes USDA<br>Foods       | Other           | 0.7475                                     | Х        | 11.60 / 16                   | 0.5419                        |  |

Each 2.99 ounce serving of the product above contains 1/8 cup Starchy vegetable and 3/8 cup Additional vegetable.

**Benefits** 

peas

VEGETABLE / BLEND, FROZEN: To contain 25% Diced Carrots, 25% Cut Corn, 25% Cut Green Beans, 25% Green Peas.

| Product Specification        |                              |  |  |  |
|------------------------------|------------------------------|--|--|--|
| Country of Origin            | Product of USA and/or Canada |  |  |  |
| Meets Buy American Provision | N                            |  |  |  |
| Smart Snacks Compliant       | Υ                            |  |  |  |
| Halal                        | N                            |  |  |  |
| Kosher                       | N                            |  |  |  |
| Vegan                        | Υ                            |  |  |  |
| Vegetarian                   | Υ                            |  |  |  |
| Zero Grams Trans Fat         | Υ                            |  |  |  |
| Milk                         | N                            |  |  |  |
| Egg                          | N                            |  |  |  |
| Wheat                        | N                            |  |  |  |
| Soy                          | N                            |  |  |  |
| Sesame Seed                  | N                            |  |  |  |
| Peanuts                      | N                            |  |  |  |
| Tree Nuts                    | N                            |  |  |  |
| Fish                         | N                            |  |  |  |
| Molluscan Shellfish          | N                            |  |  |  |

| Shipping Information |              |  |  |  |
|----------------------|--------------|--|--|--|
| Gross Weight         | 31.25lb      |  |  |  |
| Net Weight           | 30lb         |  |  |  |
| Length               | 16 in        |  |  |  |
| Width                | 10 in        |  |  |  |
| Height               | 10.875 in    |  |  |  |
| Case Cube            | 1.007        |  |  |  |
| Tie High             | 12X6         |  |  |  |
| Shelf Life           | 730 days     |  |  |  |
| Storage Temp From/To | -10°F / 10°F |  |  |  |

• Farm-fresh sweet corn, carrots, green beans, and

Saves on valuable time and labor
Consistent year-round quality and pricing
100% useable, no trim, loss or waste

# Serving Suggestions

Colorful blend for signature side dishes or add to soups, casseroles, and stews. Mix with your favorite house dressing for easy salads and healthy menu items.

#### **Preparation Instructions For Food Safety And Quality**

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO

## Nutrition

Serving Size: 2.99 oz.

Calories: 50

|                             | Amount per serving | %<br>Daily<br>Values |
|-----------------------------|--------------------|----------------------|
| Total Fat                   | 0.5g               | 1%                   |
| Saturated Fat               | 0g                 | 0%                   |
| Trans Fat                   | 0g                 |                      |
| Cholesterol                 | 0mg                | 0%                   |
| Sodium                      | 10mg               | 0%                   |
| Total Carbohydrates         | 10g                | 4%                   |
| Dietary Fiber               | 3g                 | 11%                  |
| Total Sugars                | 4g                 |                      |
| Includes 0g Added<br>Sugars |                    | 0%                   |
| Protein                     | 2g                 |                      |
| Vitamin D                   | 0mcg               | 0%                   |
| Calcium                     | 0mg                | 0%                   |
| Iron                        | 0.7mg              | 4%                   |
| Potassium                   | 170mg              | 4%                   |
| Vitamin A                   | 0mcg               | 0%                   |
| Vitamin C                   | 7mg                | 8%                   |

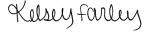
The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet.

#### Ingredients

CARROTS, CORN, GREEN BEANS, PEAS.

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Kelsey Farley Regulatory Manager **09/04/2024** 

### REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 2 Tbsp. of water and cover. 3. Cook on HIGH for 17 minutes, stirring halfway through cook time.

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