

CHILI



Servings:	60.00	Category:	Entree
Serving Size:	8.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20681
School:	DELTA HIGH SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF CRMBL CKD	5 Pound	Basic Preparation Heat, season, and serve or thaw and mix into recipes cold. The entree can be heated when ready to serve. Thawing Instructions Thaw under refrigeration.	497612
BEAN CHILI MEX STYLE	2 #10 CAN		192015
SAUCE TOMATO	2 #10 CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	306347

Description	Measurement	Prep Instructions	DistPart #
SALSA 103Z	2 #10 CAN	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	452841
SUGAR BROWN LT	1/2 Cup		860311
SPICE CHILI POWDER MILD	1 1/2 Cup		331473
SALT IODIZED	1 Teaspoon		125557
SPICE PEPR BLK REST GRIND	1 1/2 Teaspoon		225061

Preparation Instructions

1. PRE-HEAT OVEN TO 350.
 2. COMBINE ALL INGREDIENTS AND PLACE IN A LARGE HOTEL PAN THAN HAS BEEN SPRAYED WITH PAN RELEASE OR LINED WITH A PAN SAVER. PLACE PAN IN OVEN AND BAKE FOR 1 HOUR.
 3. REDUCE HEAT AND BAKE FOR ANOTHER HOUR.
 4. HEAT TO 165 OF HIGHER, FOR AT LEAST 15 SECONDS.
- SERVE 8 OZ OF PREPARED CHILI. 1 OZ OF CHEESE AND CRACKERS SHOULD BE OFFERED AS AN OPTIONAL CHOICE.

Meal Components (SLE)

Amount Per Serving

Meat	3.058
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	1.434
OtherVeg	0.000
Legumes	0.431
Starch	0.000

Nutrition Facts

Servings Per Recipe: 60.00

Serving Size: 8.00 Ounce

Amount Per Serving	
Calories	237.99
Fat	4.00g
SaturatedFat	2.00g
Trans Fat	0.00g
Cholesterol	20.67mg
Sodium	1384.56mg
Carbohydrates	31.27g
Fiber	6.04g
Sugar	6.87g
Protein	18.43g
Vitamin A 0.00IU	Vitamin C 0.00mg
Calcium 28.45mg	Iron 5.37mg

*All reporting of TransFat is for information only, and is not used for evaluation purposes

Nutrition - Per 100g

Calories	104.94		
Fat	1.76g		
SaturatedFat	0.88g		
Trans Fat	0.00g		
Cholesterol	9.11mg		
Sodium	610.49mg		
Carbohydrates	13.79g		
Fiber	2.66g		
Sugar	3.03g		
Protein	8.12g		
Vitamin A	0.00IU	Vitamin C	0.00mg
Calcium	12.55mg	Iron	2.37mg

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